



Rachael Freed, licsw, Imft

...Selected Programs & Presentations

Programs

PBS Religion and Ethics Newsweekly

Mayo Clinic: Spirituality Grand Rounds, Rochester (videoconference & web cast to AZ & FL)

Conference Keynote: Building the Wellsprings of Wisdom, St. Mary's College, The Center for InterCultural Leadership, Notre Dame, IN

GoRedforWomen, American Heart Association, Macy's, & Boston Scientific, Minneapolis, MN

Legacy Stories Conference, Sacramento, CA

International Reminiscence & Life Review Conference, Chicago, IL

LifeDeathAfterDeath - National Conference, Pathways, Minneapolis, MN

Dying: A Guide for Beginners, Leaving a Legacy, The Friends of the St. Paul Public Library

Pathways, A Health Crisis Resource Center, Minneapolis, MN

Minnesota Coalition for Death Education & Support, St. Paul, MN

Multiple Sclerosis Family Day Conference, MS Society, Minnesota Chapter

Voices Set Free - Violence Against Women & Children, Creating Connections, Portland, OR

National Cardiac Rehabilitation Association (AACVPR) Annual Conference, Phoenix, AZ

Minnesota Planned Giving Council, St. Paul, MN

Estate Law Class, St. Thomas Law School, Minneapolis, MN

Minnesota Bar Association, Conference for Estate and Trust Law, Minneapolis, MN

Union for Reform Judaism, Synagogue Development Directors, Houston, TX

The Goal Cultivators Entrepreneurs Group, Minneapolis, MN

Shakopee Women's Correctional Facility, Shakopee, MN

Twin Cities Elder Learning, MN

Minnesota Writers Project, University of Minnesota, Minneapolis, MN

Midwest Scrapbook Convention, "The Power of Legacy," St. Paul, MN

UJC: New Haven, CT; Ventura, CA; Milwaukee, WI; Boca Raton, FL; Harrisburg, PA; Kansas City, MO; Montgomery, AL; St. Paul & Minneapolis, MN; Tampa, FL; Albuquerque & Santa Fe, NM; St. Louis, MO

Union for Reform Judaism, Summer Retreat, NH

Business & Professional Women's Division, Minneapolis Jewish Federation, MN


44th National Assembly of Women of Reform Judaism

Congregation Beth Israel, San Diego, CA

JFCS, Giving the Gift of a Lifetime, Minneapolis, MN

Twin Cities Jewish Healing, St. Paul, MN; Midwest Federation of Temple Sisterhoods, Minneapolis, MN

JRN (Jewish Recovery Network) Legacy & Its Relationship to the 12 Steps, Minneapolis, MN



**Consider a legacy program for your organization or community:
<info@womenslegacies.com>**



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...Selected Publications

Publications

The Women's Legacies Workbook for the Busy Woman (A Step by Step Guide for Creating a Spiritual-Ethical Will in 2 Hours or Less), 2005, MinervaPress.

Women's Lives, Women's Legacies, Passing Your Beliefs and Blessings to Future Generations (How To Create Your Spiritual-Ethical Will), 2003, Fairview Press.

Women's Legacies Circles® Facilitator's Guide, 2004; *The Cardiac Family Recovery Program Training Manual*, 1990.

Heartmates® A Guide for the Spouse and Family of the Heart Patient, (Revised 3rd Edition), 2002, Fairview Press.

Portrait of the Heartmate, 1989; Hugo Award-winning video-series: creator, writer, and producer.

Heartmates® A Survival Guide for the Cardiac Spouse, 1987, Simon & Schuster, [FKA Rhoda Levin].

The Heartmates® Journal, A Companion for Partners of People with Serious Illness, 2002, Fairview Press

The Heartmates® Meditation Journal, A Companion for Partners of People with Heart Disease, 1995, MinervaPress.

"Mourning Miriam: A Modern Midrash," *Bridges, A Feminist Journal*, Spring, 2007, Volume 12, #1.

"The Ethical Will: A New Tool to Help Women Givers," *Minnesota Law & Politics*, "Wealth Management Section," March, 2001, #125.

"Grandma Minnie's Legacy," and "High Holy Days and the Spiritual-Ethical Will," *Being Jewish*, 2003, 2001.

"Reflecting Our Genesis," *Minnesota Genealogist*, Autumn 1999, Vol. 30, #3.

"Life Review: A Natural Process," *Readings in Psychosynthesis Theory, Process, & Practice*, The Ontario Institute for Studies in Education, The Department of Applied Psychology, Toronto, 1985 [FKA Rhoda F. Levin].

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